

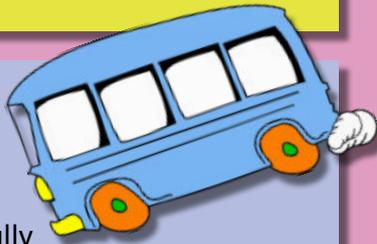


Tai Chi 1 will resume on Thursday 9 September at 10am at Lord Street West.

We have 2 vacancies for members who have previous experience.

Please contact Mike Huddleston on 01704 563401 with any queries

### Saturday 4th September- Bowness on Lake Windermere



This coach trip is now fully booked and a waiting list is in operation. If you wish to be added to the waiting list contact the group leaders.



Pistol duelling was a sport at the 1906 and 1908 Olympics. In 1908, the sport involved two male competitors, wearing protective equipment for the hands, face, and torso, firing at each other with pistols loaded with wax bullets.

unbelievable-facts.com



The Patchwork and Quilting group meetings resumed on Friday 6<sup>th</sup> August. The group meets twice a month; the next meeting will be Friday 20<sup>th</sup> August.

If anybody is interested in joining the group, please visit their [group page](#) for further details.



All members of Gardening please note that Gardening resumes on Wednesday September 1st with an Informal open forum and welcome back discussions on how you coped with Gardening during the pandemic.

This first meeting at Lord Street West at 10.15 is being held on the first Wednesday, but all subsequent meetings will be on the second Wednesday.

The programme for the rest of the year is as follows

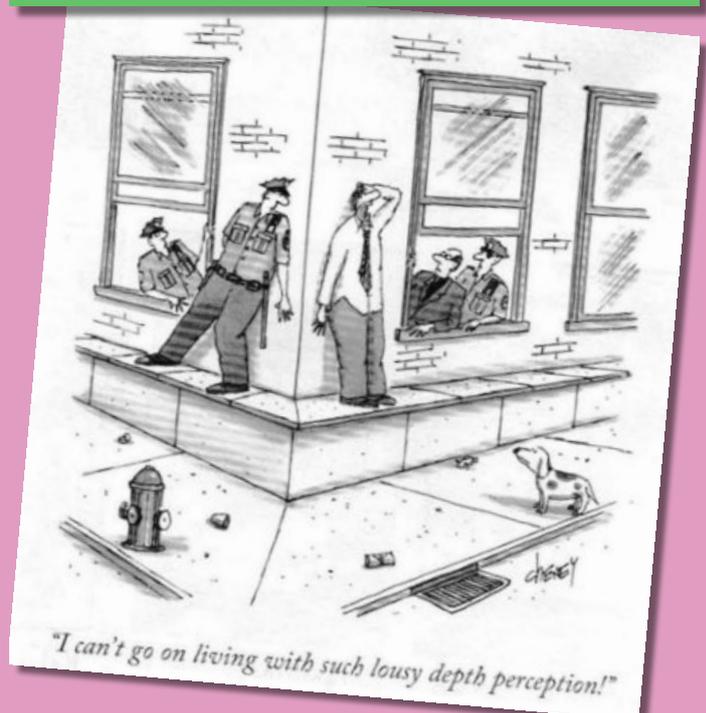
**October 13<sup>th</sup>:** Diane Harrison from Avant Garden Centre. Autumn planting and ongoing colour in your borders.

**November 10<sup>th</sup>:** Jackie Iddon lets make it a 'Special Christmas'.

**December 8<sup>th</sup>:** Competition of Christmas Floral Decorations and a social get together.

We welcome any new members who can just turn up on the day with their membership card. The cost is £3.

*Mike, Sally and Peter*



# LLANDUDNO SEPTEMBER 25<sup>th</sup> COACH TRIP

As we were thinking about venues for starting up Coach trips again the decision to go to Llandudno was an easy one as we had a number of individual requests to visit again.

The Welsh Victorian seaside town of Llandudno has been a firm favourite holiday resort for many of our members over the years and many welcome the opportunity of revisiting the resort to relive some favourite memories either by staying in the resort or making the most of a day trip.



When we last visited, on Saturday 5th May 2018 the U3A enjoyed a day trip to Llandudno which was hosting its annual Victorian Extravaganza. We arrived in Llandudno in time for the grand parade. This included many attractions from the Victorian era including steam powered engines.

On this occasion there will not be any particular social events taking place that will encourage large gatherings. The resort does offer plenty of outdoor space in which to explore with a number of attractions available:

## North Shore promenade & 19th-century Llandudno Pier

Enjoy a stroll along the long and wide promenade which stretches all the way from the foot of the Great Orme to the Little Orme. The pier is popular for its extensive range of restaurants, food stands, and bars.

## Great Orme Tramway

This tramway has been running since the 1900s, making it one of the oldest street



tramways in the world. The route consists of 3 stops, namely Victoria Station in the town centre, Halfway Station (where you need to disembark and switch trams), and the Great Orme Summit Station. Along the way, you'll pass through the picturesque Great Orme Country Park and Nature Reserve

## Great Orme Mines

The mines are regarded as the largest prehistoric copper mines in the world. These narrow tunnels date back to the Bronze Age and features a 145-metre-deep Victorian mine shaft. The Great Orme Mines are within a 5-minute walk of the Tramway's Halfway Station.

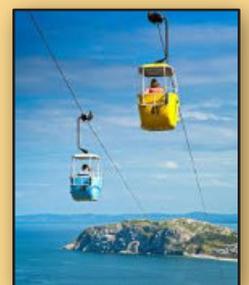
## Cable Car

The Cable Car carries passengers from the Happy Valley Botanical Gardens towards the Great Orme Summit, offering panoramic views of the Irish Sea throughout the 20-minute journey. Established in 1969, it's one of the longest cable car systems in Great Britain.



## Happy Valley Gardens

Happy Valley is home to wildlife animals and plants, family walks, a putting green, a ski slope and the cable car base station, all situated on the side of the Great Orme in Llandudno.



**This coach trip will take place on Saturday 25th September 2021. The coach will depart from Southport at 8.30am and returning at approximately 6.30pm. For further details contact Derek & Anne Kershaw on [derek.kershaw21@blueyonder.co.uk](mailto:derek.kershaw21@blueyonder.co.uk)**

WHAT ARE THEIR  
NAMES?



A



H



G



B



F



C



D



E

- I - In which country were the first Olympics of the modern era held in 1896
- J - Who was the first man to win Olympic gold at both the 200 and 400 metres
- K - Which city hosted the 2012 Olympic games
- L - What was the nick-name of the British ski-jumper who competed at the 1988 Winter Olympics
- M - At which winter Olympic games did Torville and Dean win gold
- N - In which year did women first compete in the Olympics
- O - Which gymnast scored the first perfect 10 at the Olympics
- P - Which Paralympic sport is also known as "Murderball"
- Q - What is the nickname of the winner of the 800m, 1500m, 5000m and marathon medal in the 2012 Paralympics

## OUR FRIENDS NEED SOME HELP

One of our regular supporters, **The Kings Gardens Tea Rooms** is looking for some help and it may just suit one of our members!!

They are looking for a Tea Room Kitchen Assistant for approx 18hrs a week, Tuesday, Wednesday & Thursday 10 - 3.30 (includes lunch break)

This vacancy would be ideal for someone semi retired or retired who is fit and active with a happy, pleasant & polite manner.

The role includes food prep, cleaning and general duties.

No experience necessary as full training will be given.

Please nip into the tearoom if you require any further information.

We look forward to you joining our fabulous team

The address, as you will all know, is Lower Promenade, Southport (next to Silcocks)



### Badminton 2 have space for new members.

If you have ever fancied taking up the sport (or reacquainting yourself) now could be the time.

The group meet every Monday, between 2pm and 4pm, at Dunes Splashworld.

If you are new to badminton and do not have your own racquet, [contact the group leader](#) and they will be able to lend you one for you to try out the sport.

## NEITHER HERE NOR THERE.

learn,  
laugh,  
live

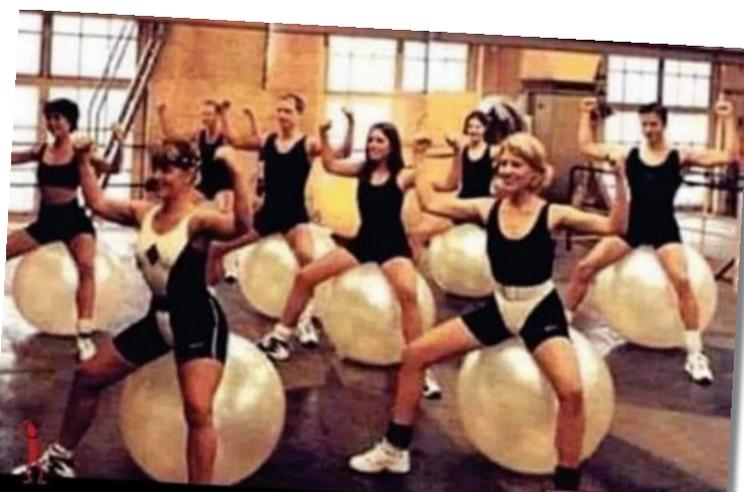
I don't want to be here  
and I don't want to be there.  
But by way of things I have  
to go from here to there.

The trouble is in between here and there  
for half way there  
is the same distance to come  
back here, and if I want to  
be here quicker than there,  
then I have a problem.

So any stretch of distance between here and there  
presents  
a panic of in-betweens for I  
don't want to be here all the  
time, and if I do make it to  
there, then there is the  
problem of getting  
back again. SO..

I don't know where on earth to go!

*Sylvia Miley*



This picture was given to Class II  
Children and they were asked to  
suggest a headline. The winning  
entry was:

**'Never swallow your chewing gum'.**

# HOW WELL DO YOU KNOW YOUR OLYMPICS? Answers

A - Bradley Wiggins

B - Katerina Johnson Thompson

C - Laura and Jason Kenny

D - Jessica Ennis

E - Katherine Grainger

F - Beth Tweddle

G - Louis Smith

H - Charlotte Dujardin

I - Greece

J - Michael Johnson

K - London

L - Eddie "The Eagle" Edwards

M - Sarajevo 1984

N - 1900

O - Nadia Comaneci

P - Wheelchair Rugby

Q - The Weir Wolf (David Weir)



## DROP-IN COFFEE MORNING

After running the Coffee Mornings on Zoom over the lockdowns, we are pleased to announce that we will be meeting again face to face!!

The first meeting will be on **Thursday 12<sup>th</sup> August at 10.30am** and thereafter on the second and fourth Thursdays of each month.

Our new venue will be **Cafe 1821** which is adjacent to Christ Church.

No booking is required to attend. Just drop in for a coffee and a chat with your fellow members if you are free.

We look forward to seeing you there.

Yvonne & Linda

Everybody in the world has skill in one or more areas. Some have more skill than others. Here is the latest in our series featuring people who have an insane amount of talent. Click [HERE](#) to watch the video, but put your paintbrushes somewhere safe first.



While we are on the subject of clever people, how about a video of a Russian aircraft designer who came up with a pretty unique type of plane. Click [HERE](#) to watch the video.



...and some people are just insanely clever at making us laugh! Here is a video about how to irritate people (I know a few people who are insanely clever at that). Click [HERE](#) to watch it.



## JEWELLERY GROUP GETS TOGETHER

As soon as Boris allowed it, the jewellery group returned to our meetings with tutor Cynthia Robertshaw, with the added delight of working in her beautiful garden.

Cynthia always brings new inspiration and techniques to the table, but post-lockdown all the members have contributed their own ideas and patterns too.

We've made bracelets, necklaces and pendants, some rather snazzy earrings, and a hive of glittering honeybees.

The meetings are enhanced by plenty of chat and more than a little cake. Back together with coffee, friends and a massive shared interest – what could be better?



## The Christmas Meal

is set for Thursday 9<sup>th</sup> December, at 12pm. The venue is the Bliss Hotel, at Waterfront.

learn,  
laugh,  
live

I shall be taking bookings at the meeting on 2<sup>nd</sup> September. The menu choices will be on the table and tickets will given on payment.

I'm looking forward to seeing everyone

**Viv Pulman**

**u3a** learn, laugh, live  
Southport

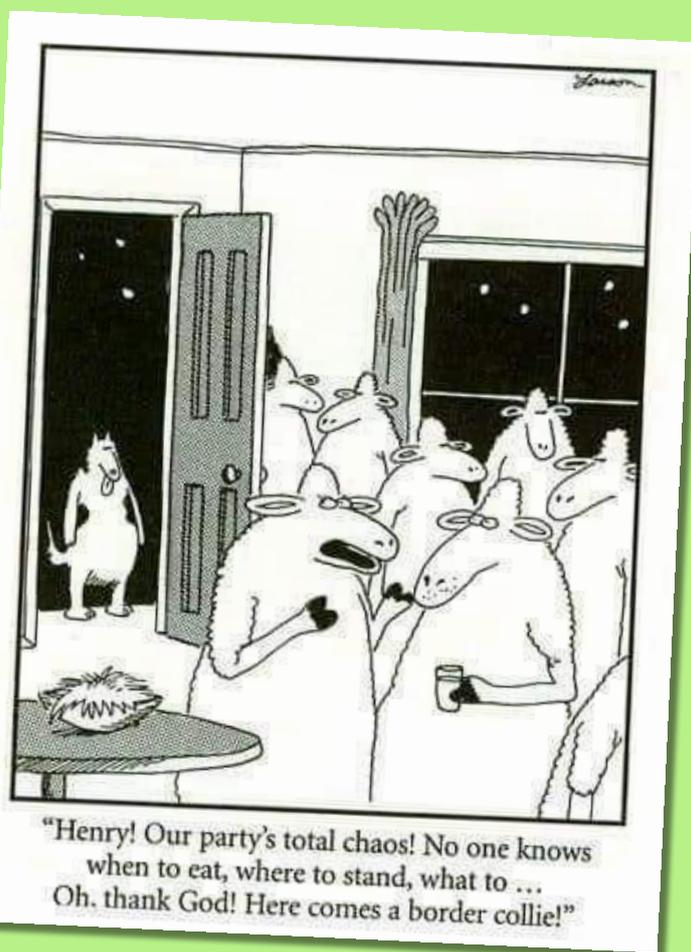
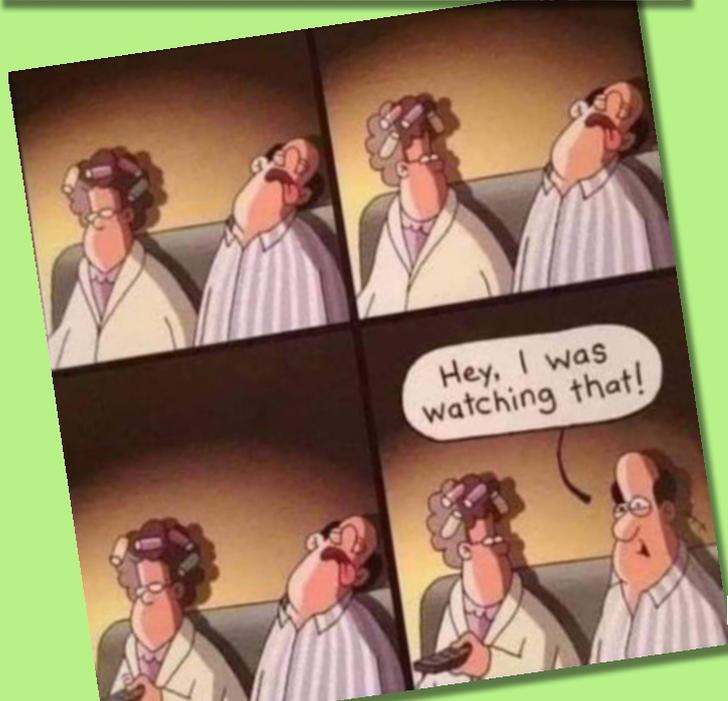
You are invited to the u3a  
**Christmas Lunch**  
Includes lunch, comedian, raffle and dancing

Where:  
The Bliss Hotel  
The Waterfront  
Southport

When:  
Thursday 9<sup>th</sup> December 2021

Time:  
12:00 for 12:30PM  
Closes at 5:30PM

Tickets: £30





## Banjolele Groups Strumming Again!

Ukulele 2,3 and 4 are returning to Liverpool Road Methodist Church, Birkdale, on Monday the 9th August 2021.



Group 2 - Sandon Strummers: 10-00 until 12-00  
Groups 3&4 - Uke-A-Teers: 1:00 until 3:00



Pilates will be recommencing with Sandie Keane at St John's church on Tuesday 7th September at 2.30pm.



The cost per class is £5 per person payable on a monthly basis. For the month of September the total cost will be £20 payable by cheque made payable to Southport U3A or by cash.

The classes will take place weekly from Tuesday 7th September 2021 until Tuesday 30th November 2021. There will be no classes in December.

If you are interested in joining, contact [Sharon Partington](#).

They do say that if you want something doing you should ask a busy person. Well sometimes you don't need to ask, that busy person just pops up and offers their services.



Such has been the case with the Zoom presentations that have entertained and educated so many of us over recent months.

The busy person in question is Steve Birchall. He has done an amazing job, to line up so many speakers in such a short space of time. The Zoom presentations have been a lifeline for many and I am sure I speak for many of our members when I extend my thanks and congratulations. I know I speak for all of the committee members.

**A big thank you and well done Steve!**

This month, the Photo 1 theme was 'Creatures', the scope being anything living except people. You can see some of the results on this page. If you would like to see all of the images please visit [the gallery page](#).



The group also had a field trip to the Botanic Gardens and the results from that [can be seen here](#).

