



As you may be aware there was a Badminton 3 group, operating on a Friday afternoon at Southport YMCA.

This group is currently in abeyance due to covid but the group leader is unable to continue. We need someone to step up, to take on the role of Group Leader for this group to restart the sessions on Friday afternoons.

Help and support is available. If you wish to come forward to take on this role, please [contact Phil Watling](#), Southport u3a group co-ordinator. (07816 680 532)



In other Badminton news, Badminton 2 resumed on Thursday 27<sup>th</sup> May. Due to the current situation a block booking will not be made yet, but the group leader will keep everybody informed.



... and that is **WHY** the chicken crossed the road.



The Line Dancing group is looking for a new group leader. If you are interested in helping out and preventing the group from having to close, please [contact Phil Watling](#) as soon as possible.

More u3a activities restarting. Table tennis at Argyle have restarted this week.

On Tuesday TT2 will play at 1.30 -3.30 and on Thursday TT6 will play from 1.30-2.30 only .

All in accordance with the Tennis club and Table Tennis England guidelines.



## FAMOUS FICTIONAL DOCTORS



1. He became "The Fugitive" after his wife's murder
2. Known as "Bones" on the USS Enterprise
3. GP in the Cornish village of Portwenn who is afraid of blood
4. He loves some fava beans with a nice Chianti
5. Archaeologist and Adventurer
6. Sherlock Holmes partner in solving crimes
7. He had his "casebook" in Tannochbrae
8. FBI agent chasing aliens on TV
9. The title character in Pasternak's famous novel and film
10. He had a "split personality"



The Royal Liverpool Philharmonic have added more to their summer season. Seating is limited and subject to social distancing restrictions. The audience are also

obliged to wear a mask whilst in the building, including at their seat.

For more information about the concerts, click [HERE](#).



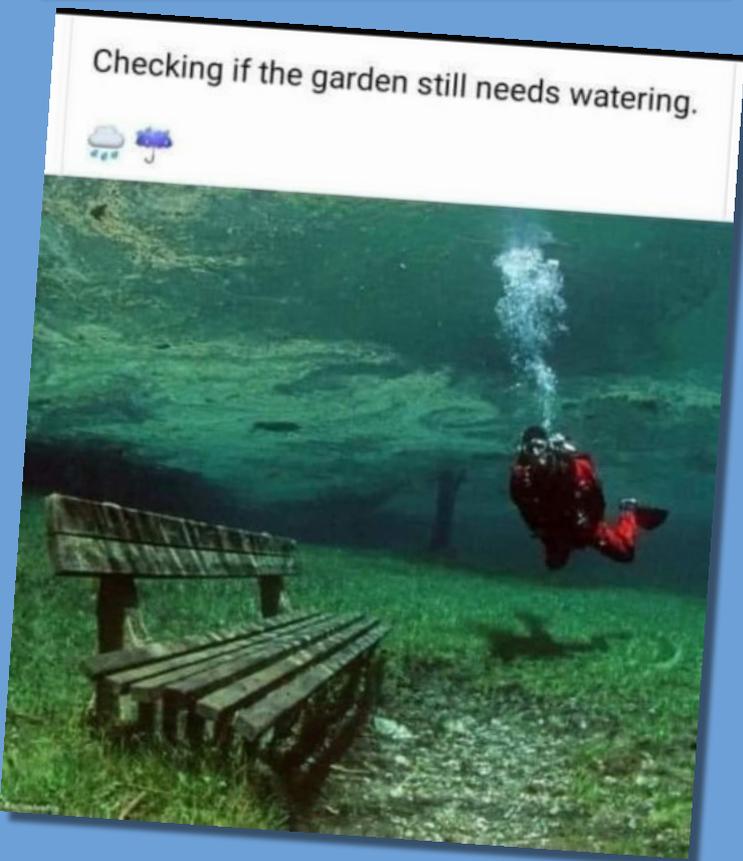
1. Dr Richard Kimble
2. Dr Leonard McCoy
3. Dr Martin Ellingham
4. Dr Hannibal Lecter
5. Dr Henry "Indiana" Jones Jnr
6. Dr John Watson
7. Dr Finlay
8. Dr Dana Scully
9. Dr Yuri Zhivago
10. Dr Henry Jekyll



Who remembers 'Yes Prime Minister'? In this clip from the series the PM learns about the nuclear button (theirs doesn't say 'QUIZ' on it.. Click [HERE](#) to watch it.

If the person who named Walkie Talkies named everything

- Stamps - Lickie Stickie
- Defibrillators - Hearty Starty
- Bumble bees - Fuzzy Buzzy
- Pregnancy test - Maybe Baby
- Bra - Breastie Nestie
- Fork - Stabby Grabby
- Socks - Feetie Heatie
- Hippo - Floatie Bloatie
- Nightmare - Screamy Dreamy



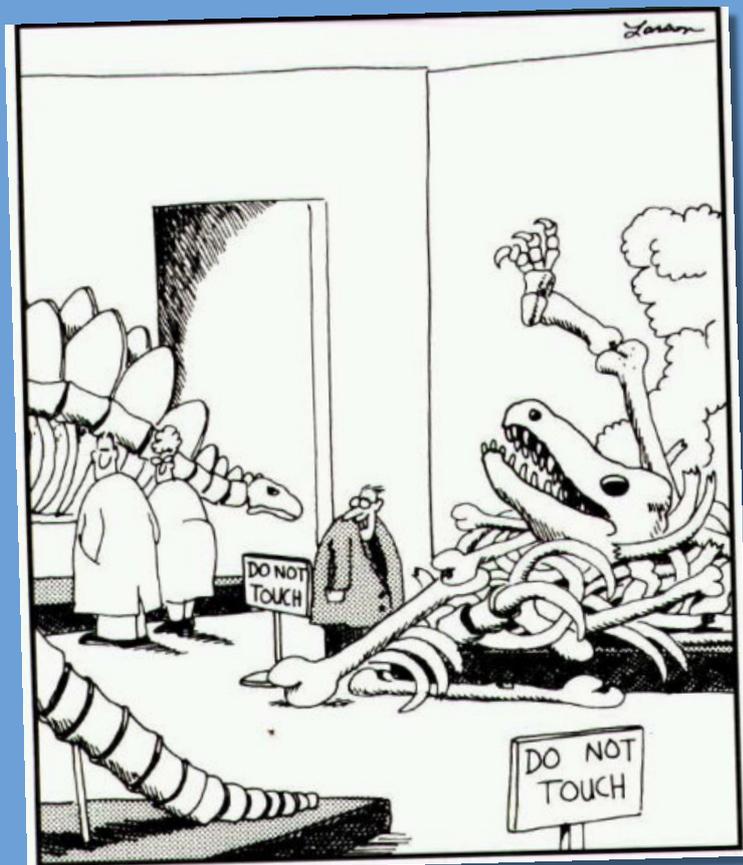
Marjorie Antrobus has sent me a very interesting video, which illustrates human progress in fighting diseases. Click [HERE](#) to watch it.



How much do you really know about the internet?

If you have ever spent ages on a call to a support desk because your 'internet is not working' you may get some satisfaction from this clip from the IT Crowd'.

Click [HERE](#) to watch it.





**ZOOM TALKS AT HOME**

# SANDSCAPE

THE CULTURAL AND NATURAL HERITAGE  
OF THE SEFTON COAST

Our next Zoom Home Talk is:

**“Sandscape, the cultural and natural heritage of the Sefton Coast”**

A whistlestop tour of this fascinating coast’s history, including shipwrecks, prehistoric footprints, aviation, motoring, asparagus growing and of course, the stunning flora and fauna of one of England’s most important remaining sand dune systems.

Based on the book of the same name, the talk is presented by author and Green Sefton Engagement Officer John Dempsey.

*Having been on one of John’s Ranger tours onto the Dunes, this is one talk I would highly recommend.*

*John’s knowledge, enthusiasm and stunning photographs are very impressive, and I guarantee that we’ll all be clambering onto the Dunes to see what we can spot.*

**THURSDAY 3<sup>rd</sup> JUNE**

**at 2 pm**



**JOHN DEMPSEY**

ON BEHALF OF  
SEFTON COAST LANDSCAPE PARTNERSHIP

# Join us for FREE online Road Safety workshops for the over 60's



Merseyside Road Safety Partnership are offering FREE online workshops for anyone aged 60 and over.

The workshops are designed to support senior road users to keep them safe as drivers, riders, pedestrians and public transport users.

### HOW THE WORKSHOPS WORK:

- The workshop is split into three online sessions, over a three week period. Different topics are covered in each session so we recommend you attend all three sessions.
- Please allow up to an hour and a half for each session.
- Workshops can be delivered to community groups or individuals who will join a group session.

You'll find more in-depth information about what the sessions cover on page 2 of this document.

### WHAT YOU'LL NEED TO TAKE PART:

- An email address.
- Access to a device (Computer/Laptop/Tablet, etc) with internet access.
- One of our Safer for Longer workbooks (which we post out to you before the first session).
- The sessions are delivered using 'Zoom'. *Not sure if you can access 'Zoom' or how to use it? No problem, there's support available to help you.*

If you have any questions or would like to book a workshop, email us at: [roadsafety@wirral.gov.uk](mailto:roadsafety@wirral.gov.uk)

Once your booking is confirmed we'll send you a link via email for the first workshop session.

  
Safer for  
**LONGER**

**MRS** MERSEYSIDE  
ROAD SAFETY  
PARTNERSHIP

As we get older our reflexes can start to slow and we may get aches and pains that we never had before. We may be more susceptible to falling or have less energy to get out and about. The ageing process is different for each individual, with some 70 year olds feeling fitter and more active compared to someone in their 60's.



The three workshop sessions explore how age may affect our vision, our reactions and our physical abilities. To reflect this, the presentations are called **'Seeing, Doing and Thinking'**.

We ask people signing up to attend all three sessions, as each is different and the content builds on the previous session.

The workshops focus on raising awareness of road safety issues for the over 60 age group – who are becoming increasingly over represented in casualty statistics as drivers, riders, passengers and pedestrians.

The engaging and interactive sessions are delivered by our friendly team.

*Safer for Longer is one of a number of initiatives and engagement activities delivered across the region by Merseyside Road Safety Partnership for all road users, visit the website for more information – [merseysideroadsafety.org](http://merseysideroadsafety.org)*

Follow us, like and share our posts on social media. You'll see regular updates on road safety on our social media pages.

We're on:

 **Twitter: @merseysidersp**

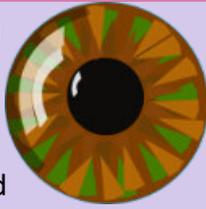
 **Facebook: @merseysideroadsafety**

 **Instagram: MRSP**

Why not join us by taking The Pledge to show your commitment to road safety, you'll find more information about it on our website: [merseysideroadsafety.org](http://merseysideroadsafety.org)



Scientists have been working on a gene therapy treatment for blindness and have recently had some remarkable results.



It's still early days but the results are very encouraging. Click [HERE](#) to read the article.



Remember that craze for keeping Vietnamese Pygmy Pigs as pets? Here's a good news story about the world's tiniest pigs being returned to the wild. Click [HERE](#) to read it.



If you like watching people make stuff you should find this interesting. Two American woodworkers challenge each other to make things out of a single board of scrap timber.



Click [HERE](#) to watch it.

### THIS WEEK DAY IN HISTORY

1994 - Exiled from the Soviet Union since February 13, 1974, for writing *The Gulag Archipelago*, Aleksandr Solzhenitsyn, who won the 1970 Nobel Prize for Literature, returned to his Russian homeland.

1977 - The British punk band the Sex Pistols released their second single, *God Save the Queen*, and it was quickly banned by the BBC and other outlets in England.

1953 - Following numerous failed attempts by other climbers, Edmund Hillary of New Zealand and Tenzing Norgay of Tibet surmounted Mount Everest, the highest mountain in the world (29,032 feet [8,849 metres]).

1942 - American singer and actor Bing Crosby recorded the holiday classic *White Christmas*, which became one of the best-selling singles of all time.

1941 - In World War II the British navy sank the German battleship *Bismarck*.

1453 - Constantinople and the Byzantine Empire fell to the Ottomans.



Who doesn't like a bit of martial arts action! No need to go and dig out your nunchucks, just click [HERE](#) to watch a countdown of Jackie Chan moments.

Who is your favourite QI presenter? For me it has to be Sandi Toksvig any day. Never watched it? Now is your chance to catch up. Click [HERE](#) to watch a compilation of the best bits.



Apparently some people missed the link to Francine's talk recently. [Here](#) it is again.